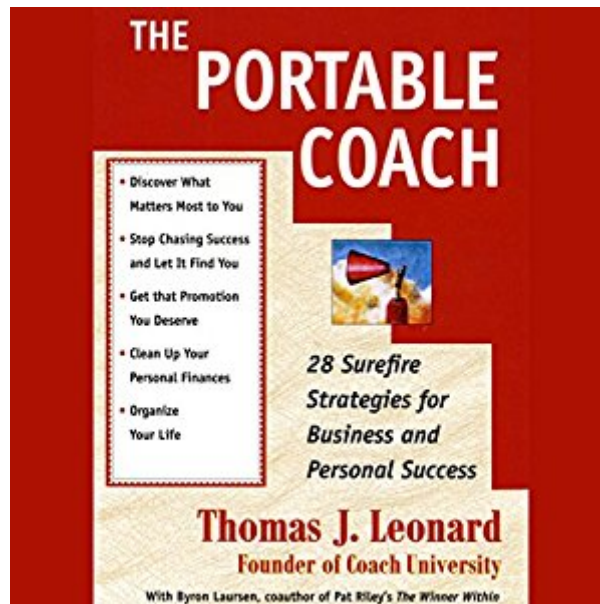


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# The Portable Coach: Twenty-Eight Sure-Fire Strategies For Business And Personal Success



## Synopsis

Thomas J. Leonard is the father of personal coaching, an explosively growing movement, as well as the founder of Coach University, a virtual university that has trained thousands of personal coaches in thirty countries. Now, in *The Portable Coach*, Leonard presents his 28-step Principles of Attraction program -- an exciting, profoundly transformational system that will reorient your approach to life and help you attract success, happiness, and fulfillment as surely as a magnet draws steel.

Originally developed for the professional coaches at Coach University, Leonard's set of strategies draws on wisdom from psychology, career counseling, management consulting, personal growth programs, motivational training, and good old common sense. By employing the strategies in *The Portable Coach* you will: Discover What Matters Most to You Stop Chasing Success and Let it Find You Get that Promotion You Deserve Clean Up Your Personal Finances Organize Your Life The *Portable Coach* is the closest possible thing to having the inventor of the personal coaching movement in your corner. A vigorous, highly encouraging blueprint for success, this audiobook will teach you a lively new way of honoring yourself and remaking the world on your own terms!

## Book Information

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## Customer Reviews

Most of us know the things in life that are preventing us from reaching our true potential. Then again, some of us simply don't care. However, after reading this highly informative book, I discovered that there are a few areas in life that required attention - absurdly simple areas, such as basics for caring for one and one's home and possessions. It astonishes how a dirty car, a non-existent filing system and a messy clothes closet can have such a negative affect on one's life.

Thomas Leonard brings these apparently non-important basics to your attention and coaches in a friendly manner, gently instructing us to do something about it. The text offers 28 strategies in 28 chapters, including numerous tests that help you to reflect on your current state or condition, and simple step-by-step guidelines to change your current condition for the better. The key notion in his strategy is to make oneself more attractive by living a fulfilling life. Rather than 'strive' and 'hard sell' your way to success, his method is more along the lines of taking the path of least resistance - that by being aware and sensitive to oneself and one's environment, you create an attitude of mind where living and success becomes almost effortless. His method more or less has a Zen quality to it - surrendering to the Tao and moving through life in a natural way. In other words, by attaining clarity of mind, one is more in a position to recognize opportunities when they present themselves, and because we have become more ourselves and in-flow with our environment, good things will happen. Put in other terms; remove the physical and emotional clutter in your life, thereby creating the space for success to occur. It is impossible for a single self-help book to be the answer for everybody.

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